

The Cunnilinguist: How To Give And Receive Great Oral Sex

Top tips from both ends of the tongue

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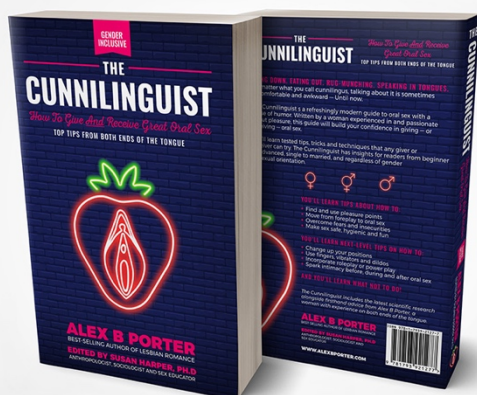
EXCERPT 03

#1 ORAL SEX POSITION

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#1 Oral Sex Position

Different shapes and sizes

Similar to penetrative sex, much of what you can or cannot do with oral sex really depends on the body shape, size, flexibility, and strength of each partner. The height of sofas, beds, tables, and any other facilitators all play a factor on what may or may not be the ultimate stance for you and your partner.

There are any multitude of positions being touted online for oral sex and some are absolutely bonkers. Below, I've outlined common positions and favorites that are most rewarding and least likely to result in a claim on your health insurance.

Missionary & beyond

Missionary is the number one. And thankfully, it's pretty simple regardless of body shape or size. The receiver lies on their back, bends their knees so their feet are on the bed, and spreads their legs slightly—a comfortable width, not spread-eagle. The giver lays between their legs and goes for it. Well that's roughly it. Fortunately, there are several ways to spice missionary up.

Raise that ass

A pillow below the receiver's bottom will lift the pelvis and allow you a better angle for getting them off. It will help save you from getting a stiff neck, too. If finger penetration comes into play, raising the butt can also make it easier for you to get to the best spots, especially the G-spot. A pillow or two beneath your partner's head will further improve the angles and also make it easier for them to see you.

Meanwhile, you lay between your lover's legs with your face as close as possible to the goods.

This is what I'd call base position and as I mentioned earlier, it and the variations below are where about 90 percent of earth-shattering, multiple orgasms come from. For me, anyway. You might be different.

Back and up

From the above position, you can also push your partner's legs back and up, widening your angle and allowing for a little rimming of the anus or gripping of the ass cheeks. There are all sorts of ways to raise someone's legs, from pushing the shins, to having them place their legs over your shoulders or feet upon your shoulders.

Knees on the bed, knees off the bed

Get on your knees whilst your lover and you are both fully on the bed. This can be a great position once you move on to heavier finger action. You can also tweak this so your partner is on the edge of the bed and you are kneeling on the floor, a position that can be adapted and emulated on multiple surfaces, including slightly risqué “quickie” scenarios when out and about.

Straddle and squeeze

One of my favorite techniques, as already mentioned, is the ability to squeeze my partner’s legs tight together and perform constrained oral sex. I usually do this by straddling her and squeezing her calves and lower thighs together with my legs. With my hands, I’ll either hold her hips or grab her ass and push my face and tongue as deep as I can go—which, if I’ve positioned myself correctly, isn’t too deep. This can be highly arousing and frustrating for the receiver, helping build both tension and anticipation.

Missionary considerations

A top tip around missionary is to be considerate towards the receiver’s head, hands, and upper body. The person you are going down on may feel exposed or lonely in this position, which can then cause their mind to wander and hamper the

experience. Talk to your partner: Tell them to touch their breasts or take their hand and place it on your head so they don't feel detached. Eye contact can be amazing for some and terrifying for others. You'll have to scope this out.

Advanced and quirky positions

In the complete book, *The Cunnilinguist*, I cover a number of other oral sex positions...

- Rodeo
- 69
- Doggy Style
- Standing
- Seated
- On (and under!) the kitchen table

You can [view the full book on Amazon](#)
or [listen on Audible](#).

Watch your inbox for the next sample
tomorrow: **SAVING JAW & TONGUE**

The Cunnilinguist

This document is an excerpt from [The Cunnilinguist](#). If you'd like to see what is included in the full book and audiobook, please see the full table of contents below.

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[The Cunnilinguist by Alex B Porter](#)

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Bibliography and References

Thank you... and a favor...

Social fun: #TheCunnilinguist

Other books

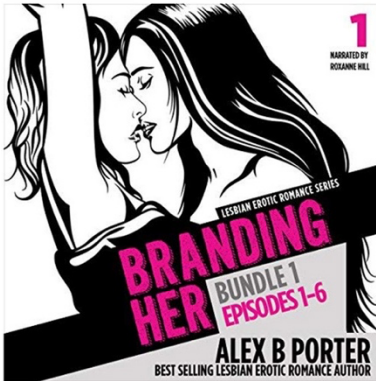
Say Hi!

You can [view the full book on Amazon](#)
or [listen on Audible](#).

**Watch your inbox for the next sample
tomorrow: SAVING JAW & TONGUE**

Other books

This is an excerpt from my first non-fiction book, [The Cunnilinguist – How to Give And Receive Great Oral Sex](#) maybe there will be more – who knows?! Meanwhile, if you're interested in steamy lesbian romance please check out my series, [Branding Her](#), available in **eBook**, **paperback** or **audiobook** format.



Branding Her: Bundle 1, Episodes 1-6

Steamy Lesbian Romance Series

By: [Alex B Porter](#)

Narrated by: [Roxanne Hill](#)

Series: [Branding Her](#), Book 1-6

Length: 7 hrs and 50 mins

Unabridged Audiobook

★★★★★ 4.3 (61 ratings)